



## Come to the VFC 25<sup>th</sup> Anniversary PICNIC and “26 REASONS TO WALK”

Dear Members and Friends,

June 1, 2023

We are delighted to confirm our VFC 25<sup>th</sup> anniversary picnic and fun social event, as well as our annual “26 Reasons to Walk/Run/Ride” fundraiser will be on **Saturday, June 24, 2023** from **11:00 AM to 4 PM**. **As in the past, the Dolph picnic area at Riverside Park, 49 King Street West, Cambridge, Ontario will be our location.** We want you, and your family, to attend and encourage you to participate in any way you can. Join the picnic fun and the optional **Walk/Run/Ride to raise vasculitis awareness and funds for research.** **Enjoy your choice of tasty wraps salads, chips and drinks.** Try your luck in a 50:50 draw, silent auction, prize draws, and fun entertainment. **Donated prizes for the silent auction etc. are always needed and welcome, please let us know if you can contribute something.**

**This year we’ll feature great family fun with an “all-ages” entertainment program with a selection of exotic animals from ZooToYou, see the following link for more info: <http://www.zootoyou.ca/>**

As you know, walk/run/ride sponsors contribute to you, and they **get a tax deduction receipt** for their donation. **Even if you are not able to attend, or are unable to walk, just let us know you need a volunteer to walk for you. Together we can make a difference! Your family and friends are welcome to join us, for the picnic, and/or walk. Please register everyone by June 22<sup>nd</sup> on our new Canada Helps website located at this link: <https://www.canadahelps.org/en/charities/vasculitis-foundation-canada/events/vfcs-25th-annual-26-reasons-to-walk-run-ride-for-vasculitis-research/>**

We are sure your friends and family will support our goal to heighten awareness while helping to raise research funds. You can also register for the walk/run/ride or the picnic only, by emailing [contact@vasculitis.ca](mailto:contact@vasculitis.ca) See below for complete Picnic & Walk info including map and directions. Donations can be made online, or by using **one of the attached VFC Donation Pledge Sheets**, you can start signing up sponsors and donations now!

**We encourage you to get out your walk/run or riding shoes and plan on joining us!**

On behalf of the Board, we hope to see you, your family, and friends at scenic Riverside Park on June 24<sup>th</sup> 2023, rain or shine. We have a large covered shelter, complete with picnic tables, just in case of rain!

Yours truly,

*Jon Stewart*

President  
Vasculitis Foundation Canada

[Not-for-profit Canadian Corporation - Registration N. 88827 6227 RR0001](#)

446 – 425 Hespeler Road, Cambridge, Ontario N1R 8J6

Telephone: 1-877-572-9474 [www.vasculitis.ca](http://www.vasculitis.ca)

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## **“26 Reasons to Walk” - Saturday, June 24, 2023**

This event is sponsored by Vasculitis Foundation Canada. **Our goal is to increase vasculitis awareness while helping to raise much needed research funds.**

**COLLECT DONATIONS:** Registered walkers can walk individually or form a team. If you register to walk, and then are unable to attend, we will have someone walk for you, refunds will not be given. **If you are not able to walk, no problem, we will have volunteer walkers walk for you!** Just let us know in advance if you need a volunteer walker. You can walk as far, or short, as you like because what you collect is a donation - not a sponsorship by the kilometre.

And, let's not forget that many vasculitis patients will be together with friends and family, so let's show our support by walking with them, or for them, at this worthwhile event. **Fundraising for vasculitis research is not exactly common, so we need to work twice as hard to raise funds.** Bring your friends and family to walk as well! Join us for prizes, entertainment, refreshments plus so much more - and feel good about joining in the challenge to raise both awareness and research funds.

**Remember, all walk donations are tax deductible! And, let us know if you can contribute something to our silent auction like gift bags and cards, or gift baskets etc, donations are always needed and welcome.**

**T-SHIRT:** Every registered walker will receive a t-shirt at the walk along with your choice of wrap, salads, chips and drinks). You will also be able to purchase extra “26 Reasons to Walk!” t-shirts (while supplies last), and other Vasculitis Foundation Canada products.

**We hope to see all of you on Saturday, June 24<sup>th</sup>, 2023 in Riverside Park, Cambridge, Ontario!**  
**VFC reserves the right to make program changes as may be necessary.**

### **Event Location**

Dolph Picnic Area, Riverside Park 49 King Street West, Cambridge, ON Canada

#### **Event Schedule:**

On-site registration for the walk	11:00 AM - 11:45 AM
Walk and silent auction bids	11:45 AM - 12:30 PM
Group Photo	12:30 PM - 12:45 PM
Food, Fun and Silent Auction	12:45 PM - 4:00 PM
Family Entertainment with Zoo-to-Go	+/-2:00 PM

#### **Fees**

##### **Participant: \$25.00**

Walk Registration includes a t-shirt, picnic food and drinks.

##### **Teen Participant: \$15.00**

Walk registration for Teens 13-18 Includes t-shirt, food and drinks.

##### **Volunteer Only: No Fees**

Walk Registration

##### **Children: No Fees**

Registration for Children under 12 are free. t-shirt not included.

##### **Picnic Only: \$15.00**

This is for those who wish to attend the picnic, but not participate in the walk.

##### **Picnic Only Family: \$40.00**

This is for a family of up to 5 to attend the picnic, but not participate in the walk.

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# 25<sup>th</sup> Anniversary VFC Picnic & 26 Reasons to Walk



## Saturday, June 24, 2023 ~ 11:00 AM to 4 PM DIRECTIONS TO RIVERSIDE PARK, DOLPH SECTION 49 King Street West, Cambridge, ON

From Toronto take Highway 401 West, exit at #278 (Highway 8)

From London take Highway 401 East, exit at #278B (Highway 8)

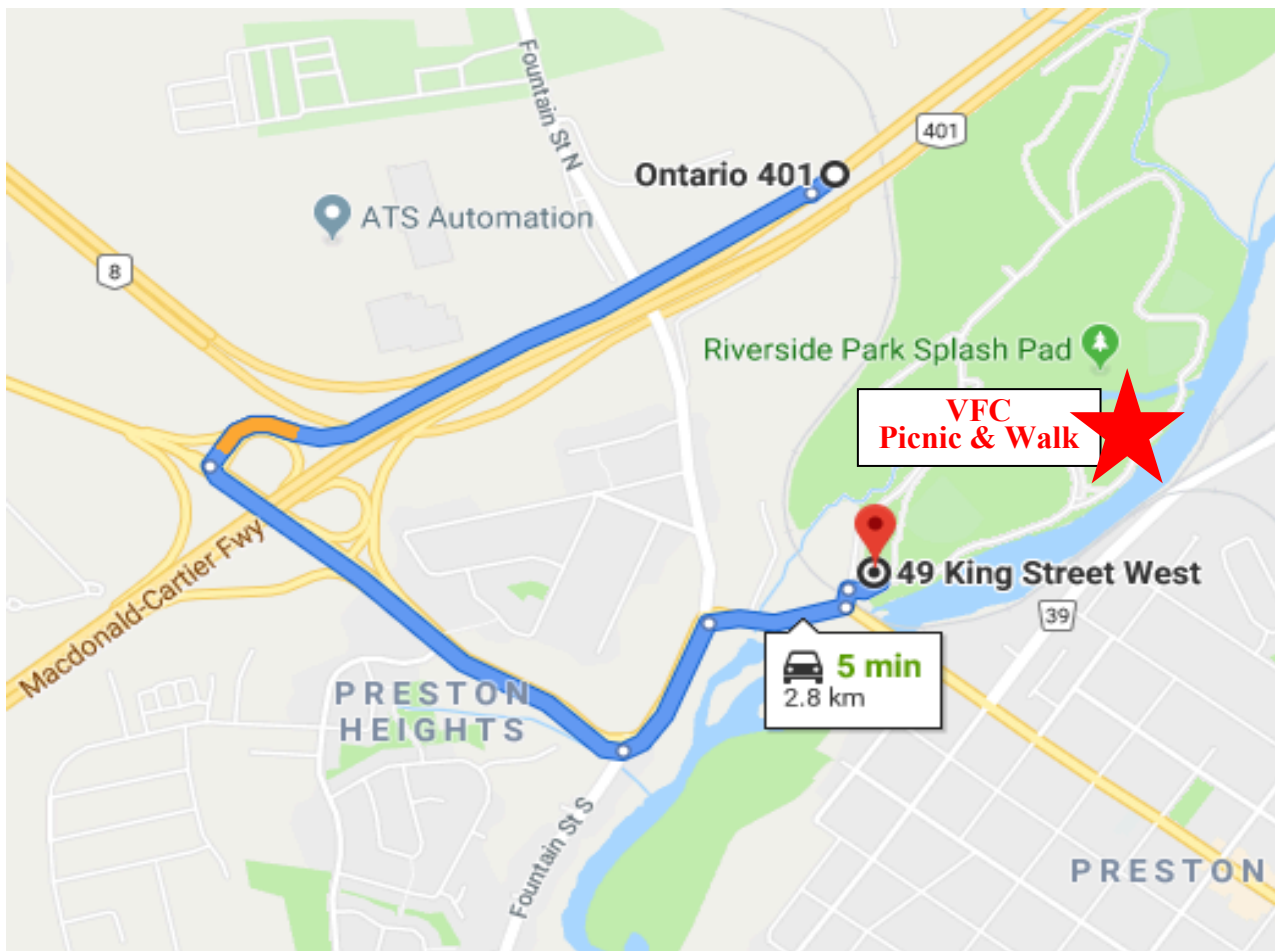
**head down Shantz Road (SOUTH) to the bottom of hill**

turn LEFT at the bottom of the hill, turn RIGHT at King Street (first set of traffic lights)

turn LEFT just before the river (across from the old Dover Flour buildings), proceed under archway reading “Riverside Park”, keep to the right and continue until you see the **Dolph Section** and the **Vasculitis Foundation Canada Banner”**

**Please register by June 22<sup>nd</sup> to sign yourself up, plus guest(s) who accompany you, to the picnic, and/or walk/run/ride, at: [http://vfcan.convio.net/site/TR?fr\\_id=1100&pg=entry](http://vfcan.convio.net/site/TR?fr_id=1100&pg=entry)**

If you need assistance to register email [contact@vasculitis.ca](mailto:contact@vasculitis.ca) and request a call back.



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