



April 22, 2022

## Notice of Annual General Meeting (AGM) & Guest Speaker

Dear member,

Due to COVID-19 the **2022 AGM** for Vasculitis Foundation Canada (VFC), will be held on **Saturday, May 14, 2022 at 12 Noon** Eastern Time (ET), online, and by phone, **via ZOOM**.

**To attend the 2022 VFC AGM online login to ZOOM at this link:**

<https://us02web.zoom.us/j/88212465581?pwd=czdRUXZ4UWFYc0Nscms2VitjVlJSQT09> **enter the meeting ID: 882 1246 5581 if prompted.** The ZOOM app can also be downloaded here if needed.

**To attend the 2022 VFC AGM by phone call one of these numbers:** 647 558-0588, Toronto; 438 809-7799, Montreal/Quebec; 204 515-1268, Manitoba; 587 328-1099, Alberta; 778 907 2071, Vancouver, and **enter the meeting ID#: 882 1246 5581**

**The purpose of the meeting will be to:**

1. approve minutes of the 2021 AGM from April 17, 2021;
2. receive the President/Directors report on the business of the Foundation;
3. receive the Treasurer's report and financial statements for the 2021 calendar year;
4. appoint accountants for the new year;
5. vote to elect officers (President, Treasurer and Secretary) and directors for the new year;
6. transact any other business that may properly come before the meeting
7. Adjournment or postponements thereof.

If you have a matter that you think should come before the meeting, please write it out on the proxy as concisely as possible and we will see that it is presented at the meeting. **It is very important that you return your proxy if you are unable to attend.** Return your proxy via mail, or email to: [contact@vasculitis.ca](mailto:contact@vasculitis.ca)

**Join us for "Coping with Vasculitis and COVID-19" with our guest speaker Velma Mockett PhD INDS, RCC.** Velma is a licenced, experienced, mental health expert, vasculitis patient and Calgary Vasculitis Association co-founder, see: <https://calgaryvasculitis.com>. She has developed numerous mental health resources including an online series to help individuals with vasculitis improve their mental health and wellbeing. **The mental health impact of Vasculitis, compounded by a Pandemic, is not adequately addressed within our care settings** and can lead to a diminished quality-of-life. **Vasculitis and a pandemic can be very isolating**, which can lead to feelings of being overwhelmed, anxiety, and even depression. **Join Velma as she breaks down coping mechanisms, restorative movement and care** that can build your resilience, your feeling of wellness, and your-quality-of-life.

We look forward to you joining us on Saturday, May 14, 2022 at 12 Noon ET via ZOOM. It is a great opportunity to get involved in your organization and learn about vasculitis with people who understand.

Jon Stewart, President  
Vasculitis Foundation Canada

Not-for-profit Canadian Corporation - Registration N. 88827 6227 RR0001

446 – 425 Hespeler Road, Cambridge, Ontario N1R 8J6

Telephone: 1-877-572-9474 [www.vasculitis.ca](http://www.vasculitis.ca)

Care 🍁 Control 🍁 Cause 🍁 Cure