

# LARGE VESSEL VASCULITIS LAB TEST TRACKING TOOL (GCA, TAK)



Vasculitis Foundation Canada  
 Fondation Vasculites Canada  
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 1-877-572-9474

CanVasc  
 Canadian vasculitis research network  
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Reference ranges for lab results are based on Toronto's University Health Network and Mount Sinai Hospital. **Other lab centres may have different ranges.**  
 Lab results and changes in treatment should always be reviewed and approved by your healthcare provider(s).  
 Not every lab test needs to be performed. Your healthcare provider will decide which ones need to be monitored in your case.

DATE PERFORMED										
Hemoglobin (140-180 g/L)										
White blood cells (4-11 x10 <sup>9</sup> /L)										
Platelets (150-400 x10 <sup>9</sup> /L)										
ALT (<40 U/L)										
Creatinine (UHN 64-110 umol/L, MSH 45-80 for females, 55-105 for males)										
ESR (0-30 mm/hr) **can often be elevated in women and older individuals										
C-reactive protein (CRP) (UHN <11 mg/L, MSH <10mg/L)										
HBA1c (for diabetes screening)										
LDL cholesterol										
Others:										

Frequency of lab tests can vary from every 2-4 weeks to every 3 months depending on disease stability.

# VASCULITIS HEALTH TRACKING TOOL



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You can use this tool to keep track of when certain tests, vaccinations and procedures were done.

## DATE PERFORMED

### Imaging

Bone density										
X-Rays										
CT's										
MRI's										
Other										

**Vaccinations** Ask your doctors for current vaccination guidelines, you may not get the desired vaccination protection if your daily dose of prednisone is greater than 15mg/day, or while on some immunosuppressive medications. **Live vaccines are to be avoided.**

Flu vaccine (every year)										
Tetanus (every 10 years)										
Pneumococcal (Pneumovax/Prevnar)										
Hepatitis B										
Shingles										
COVID-19 (Brand )										

### Cancer screening

Stool test (FOBT or FIT)										
Colonoscopy										
Mammogram (females)										
PAP test (females)										
PSA (males)										

### Other Tests/Biopsies/Surgeries related to your vasculitis
