

# ANCA-VASCULITIS LAB TEST TRACKING TOOL



Vasculitis Foundation Canada  
 Fondation Vasculites Canada  
 contact@vasculitis.ca | www.vasculitis.ca  
 1-877-572-9474

CanVasc  
 Canadian vasculitis research network  
 admin@canvasc.ca | www.canvasc.ca

Reference ranges for lab results are based on Toronto's University Health Network and Mount Sinai Hospital. **Other lab centres may have different ranges.**

Lab results and changes in treatment should always be reviewed and approved by your healthcare provider(s).

**Not every lab test needs to be performed.** Your healthcare provider will decide which ones need to be monitored in your case.

DATE PERFORMED										
Hemoglobin (140-180 g/L)										
White blood cells (4-11 x10 <sup>9</sup> /L)										
Eosinophils (0.04-0.5 x10 <sup>9</sup> /L)										
Platelets (150-400 x10 <sup>9</sup> /L)										
ALT (<40 U/L)										
Serum creatinine (UHN 64-110 umol/L, MSH 45-80 for females, 55-105 for males)										
EGFR (estimated glomerular filtration rate) (≥60ml/min)										
ESR (erythrocyte sedimentation rate) (0-30 mm/hr)										
C-reactive protein (CRP) (UHN <11 mg/L, MSH <10mg/L)										
c/PR3-ANCA (UHN <0.9, MSH <20)										
p/MPO-ANCA (UHN <0.9, MSH <20)										
Urinalysis for protein (via dip stick) (normal = 0 or negative)										
Urinalysis for blood (via dip stick) (normal = 0 or negative)										
Urine ACR (albumin/creatinine ratio) (<2.9 mg/mmol/L)										
24-hr urine protein (<0.15g/d)										
HBA1c (for diabetes monitoring)										
LDL cholesterol										
<i>Others:</i>										

# VASCULITIS HEALTH TRACKING TOOL



Vasculitis Foundation Canada  
 Fondation Vasculites Canada  
 contact@vasculitis.ca | www.vasculitis.ca  
 1-877-572-9474

CanVasc  
 Canadian vasculitis research network  
 admin@canvasc.ca | www.canvasc.ca

You can use this tool to keep track of when certain tests, vaccinations and procedures were done.

## DATE PERFORMED

### Imaging

Bone density										
X-Rays										
CT scans										
MRIs										
Other										

### Vaccinations

Ask your doctors for current vaccination guidelines, you may not get the desired vaccination protection if your daily dose of prednisone is greater than 15mg/day, or while on certain immunosuppressive medications. **Live vaccines are to be avoided.**

Flu vaccine (every year)										
Tetanus (every 10 years)										
Pneumococcal (Pneumovax & Prevnar)										
Hepatitis B										
Shingles										
COVID-19 (Brand _____)										

### Cancer screening

Stool test (FOBT or FIT)										
Colonoscopy										
Mammogram (females)										
PAP test (females)										
PSA (males)										

### Other tests/biopsies/surgeries related to your vasculitis
