



April 14, 2019

Notice of Annual General Meeting (AGM) & Guest Speaker

Dear member,

The 2019 AGM for the Vasculitis Foundation Canada (VFC) will be held on Sunday, May 5, 2019 at The Marketplace (in the Kitchen), Kitchener Market, 300 King Street East, Kitchener Ontario. The purpose of the meeting will be to:

1. adoption of AGM agenda;
2. approve minutes of the 2018 AGM from April 14, 2018;
3. receive the Directors report on the current and future business of the foundation;
4. receive the Treasurer's report and financial statements for the 2018 calendar year;
5. receive the auditor's report and appoint auditors for the new year;
6. vote to elect officers (President, Treasurer and Secretary) and directors for the new year;
7. transact any other business that may properly come before the meeting
8. Adjournment or postponements thereof.

If you have a matter that you think should come before the meeting, please write it out as concisely as possible and we will see that it is presented at the meeting. If you are not able to attend the meeting, you may give your proxy to another member, one of the Directors, or return it by email to: jonstewart@rogers.com . **It is very important that you return your proxy if you are not able to attend.**

Our guest speaker will be June Martin, Registered Dietitian with Cooking Demo by Ryan O'Donnell and Jenny Peters

June has been a registered dietitian for 19 years and has always been interested in how different diseases are affected by what we eat. June works at Grand River Hospital in Kitchener and is part of the regional renal program for patients with kidney disease. She sees chronic kidney disease patients from the early stages of their disease, through dialysis and even post-transplant. In addition to the usual patient education, she has participated in chef-led practical cooking demonstrations, developed innovative kidney-friendly cookbooks and collaborated nationally on a patient focused national nutrition website.

Nutrition is critical at all stages of chronic kidney disease and can impact patient outcomes. And most of her patients are dealing with more than one diet. They may be already following a cardiac, diabetic or celiac diet as well! One thing she loves about her work is that there is no standard diet – everyone is different – so it's never boring!

We are looking forward to seeing you on May 5th. It is a great opportunity to get involved in your organization, learn about your disease, meet new friends and share your experiences with people who understand.

Best regards,

Jon Stewart, President
Vasculitis Foundation Canada

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